



Hans Kopp.
Owner/Founder

"We are dedicated in assisting junior and adult tennis players as well as beginners to develop their tennis game to the next level. Every player at any skill level can take advantage of our professional teaching methodology and can be sure of seeing results"

Overview

Our tennis programs are designed to ensure that every student receives the technical, tactical, physical and mental training within an optimum learning environment.

Our lessons and programs are a fun and great learning experience, geared towards all levels of play. Each lesson is spent going through a series of innovative drills, exercises and match play situations designed to enhance stroke production, mechanics and improve singles and doubles play.

Turn your holidays into a tennis vacation. Reserve your lesson or clinic today. Kopp Int. Tennis Mgmt. offers full service coaching options year around:

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- **Lesson Packages**
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- **Traveling Coaches are available**
- **Corporate VIP tennis programs and outings**
- **Tournament Preparation**
- **Round Robin Mixers**

Kopp International Tennis Management, LLC

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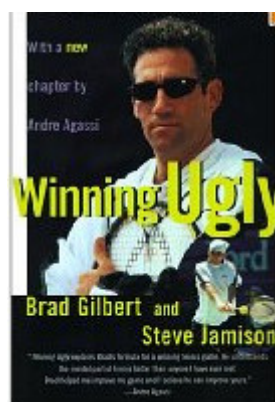


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My favorite book by far:



Brad Gilbert Winning Ugly: Mental Warfare in Tennis-- Lessons from a Master

I thanks for reading, Hans

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Kopp International Tennis Management, LLC is Florida's premier tennis venue. With multiple locations and highly skilled and experienced international coaching staff we are committed in providing service excellence.

We are a one stop tennis facility and ready to serve every tennis need. At Kopp International Tennis Management, LLC we are able to teach and guide the beginner as well as enhancing technical, tactical, mental and physical performance for the experienced tournament player.



This Issue

- **Win more matches with Consistency Part 2**

Win more matches with Consistency Part 2

For the vast majority of the tennis-playing population, consistency is the best way to win. Only at the higher levels of tennis does a flashier playing style prevail over consistent tennis with much frequency. For your flash to beat your opponent's consistency, you must hit shots hard enough and/or precisely enough that your opponent either can't get to them or can't get a clean hit on them, and you must make such shots more often than you miss them. This takes more skill than most players have. At the average recreational or club level, you can beat a flashy player simply by giving him enough chances to miss. He might hit a screaming winner now and then, but if you keep getting the ball back, his errors will tip the balance in your favor.

Once you reach the intermediate level, you need to start concentrating on keeping your shots deep. As long as your opponent is hitting from behind her baseline, you have an excellent chance of getting anything she hits, because even her hardest shots won't travel the 78 feet from baseline to baseline faster than you can run to them. If you hit her a short ball, it's a different story. If her shot comes from less far away, she won't have to hit nearly as hard to rob you of your time, and she'll also be able to hit sharper angles. Consistency's most essential partner is depth.

The safest way to get depth is to hit fairly high, which, of course, has the rather useful added benefit of

making sure you clear the net. Even the flattest, hardest hitters should try to clear the net by at least three feet on their average baseline shots, which will mean that many will end up one foot above the net. If you can generate strong topspin, you can hit full-powered shots as high as six feet above the net. For less spin-proficient players, flat, slower shots ranging in height up through the lob category can produce depth that many opponents will find extremely difficult to beat. Back in the Moon Ball era, a number of highly ranked pros relied heavily on these semi-lobbs, although the best of the Moonballers used more of a topspin than a flat semi-lob.

You might be thinking, "But, what if she/he attacks the net? It won't matter how deep my ball would have been if she picks it off in the air." This brings in the next most important skill you'll need: direction. If you're competing at the intermediate level, you'll only need a modest ability to aim your shots in order to foil your opponent's attempts at attacking the net. Proficiency at the net is rare among intermediates. You want to be able to run your opponent, pick on his weaker side, and wrong-foot him, but as a consistency player, placement isn't just an offensive tool. It's also essential defense. The best example of defensive placement is hitting crosscourt when you're in trouble. You'll be hitting over the middle of the net, which is 36" high, instead of the 42" at the sidelines. The court is longer, too: 85.5 feet diagonally as opposed to 78 feet down the line. In baseline rallies, you want to be somewhat diagonally opposite your opponent's position. Making him hit from diagonally opposite you puts you close to the best position to be ready for the next shot. If you want to win with consistency, be ready to run. You're basically trying to wear opponents down, which won't work too well if you wear out first.