



**Hans Kopp, Owner**  
*"We are dedicated in assisting junior and adult tennis players as well as beginners to develop their tennis game to the next level. Every player at any skill level can take advantage of our professional teaching methodology and can be sure of seeing results immediately."*

## Overview

Our tennis programs are designed to ensure that every student receives the technical, tactical, physical and mental training within an optimum learning environment.

Our lessons and programs are a fun and great learning experience, geared towards all levels of play. Each lesson is spent going through a series of innovative drills, exercises and match play situations designed to enhance stroke production, mechanics and improve singles and doubles play.

**Turn your holidays into a tennis vacation. Reserve your lesson or clinic today. Kopp Int. Tennis Mgmt. offers full service coaching options year around:**

- **Private and Group Lessons**
- **Lesson Packages**
- **Summer Camps**
- **Traveling Coaches are available**
- **Corporate VIP tennis programs and outings**
- **Tournament Preparation**
- **Round Robin Mixers**

**Kopp International Tennis Management**

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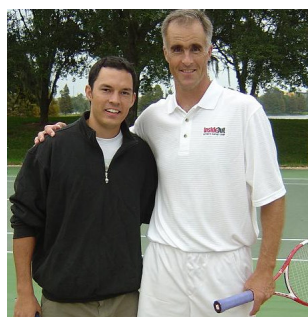


**Kopp Intl. Tennis Mgmt., LLC**

[www.Kopp-Tennis.com](http://www.Kopp-Tennis.com)

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## Photo Album



**Todd Martin**



**Mats Wilander**



**Vince Spadea**



**Robby Ginepri**

*I thanks for reading, Hans*

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# SERVE Time



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Kopp International Tennis Management, LLC is Florida's premier tennis venue. With multiply locations and highly skilled and experienced international coaching staff we are committed in providing service excellence.

We are a one stop tennis facility and ready to serve every tennis need. At Kopp International Tennis Management, LLC we are able to teach and guide the beginner as well as enhancing technical, tactical, mental and physical performance for the experienced tournament player.



**This Issue  
 Teaching Tennis to  
 Young Beginners**

## Teaching Tennis to Young Beginners

Tennis isn't the easiest sport for young children to learn, but if you start kids right, they're likely to be lifelong players. The key, not surprisingly, is to make sure they're having fun. The best way to make sure they have fun and learn well is to keep them experiencing success.

To ensure success, we use progressions, which are central to our teaching style. Start simple, small, and easy. Here are examples for two different types of stroke:

For groundstrokes:

- Start with a very short backswing and possibly shortened grip, but normal follow-through, then gradually lengthen the backswing and slide the grip toward the handle
- Start with a drop feed, go to a short toss feed, then feed from your racquet
- Start inside the service line and gradually move back
- Start non-running, then with a few steps, then with a run, a few kids hit better with a run

For overheads:

- Start with the racquet at the point of contact, then gradually introduce a bigger swing
- Start the student just 3' from net, then gradually move the student back
- Start with an ultra-soft feed right to the racquet, then introduce some higher feeds
- Keep the lesson brief, half an hour is often plenty for ages 4-6.

If the student has had any real trouble with the drills, make the last drill something very easy, such as volleys. With accurate feeds, even the least coordinated kid will get volleys to go in.

Other techniques for making it fun:

- Kids will sense if you don't think they're progressing fast enough, and this can discourage them from playing again.
- Every comment should have an element of praise, and many should praise generously. If you need to make a correction, preface it with something positive.
- Kids enjoy counting toward easy goals, like getting six shots in as a group to earn an extra-long game. If you have just one kid, or all the kids have similar abilities, individual goals are fun, too.
- Once the kids know a good selection of games, let them vote on a few choices that fit with the day's lesson.
- Follow drills with fun, "no-lose" games for the first few lessons, then gradually introduce competition as confidence takes hold.