



Hans Kopp.
Owner/Founder

"We are dedicated in assisting junior and adult tennis players as well as beginners to develop their tennis game to the next level. Every player at any skill level can take advantage of our professional teaching methodology and can be sure of seeing results"

Overview

Our tennis programs are designed to ensure that every student receives the technical, tactical, physical and mental training within an optimum learning environment.

Our lessons and programs are a fun and great learning experience, geared towards all levels of play. Each lesson is spent going through a series of innovative drills, exercises and match play situations designed to enhance stroke production, mechanics and improve singles and doubles play.

Turn your holidays into a tennis vacation. Reserve your lesson or clinic today. Kopp Int. Tennis Mgmt. offers full service coaching options year around:

- **Private and Group Lessons**
- **Lesson Packages**
- **Summer Camps**
- **Traveling Coaches are available**
- **Corporate VIP tennis programs and outings**
- **Tournament Preparation**
- **Round Robin Mixers**

Kopp International Tennis Management, LLC

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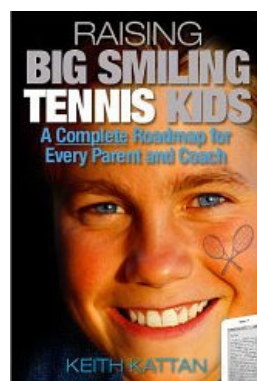


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Tennis Kids Book:



Raising Big Smiling Tennis Kids: A Complete Roadmap for Every Parent and Coach by Keith Kattan

I thanks for reading, Hans

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SERVE Time



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Kopp International Tennis Management, LLC is Florida's premier tennis venue. With multiple locations and highly skilled and experienced international coaching staff we are committed in providing service excellence.

We are a one stop tennis facility and ready to serve every tennis need. At Kopp International Tennis Management, LLC we are able to teach and guide the beginner as well as enhancing technical, tactical, mental and physical performance for the experienced tournament player.



This Issue

- **What is the best age to start playing tennis?**

Is there such a thing as a perfect age to start playing tennis?

I don't want to discourage anybody who is trying to pursue a career as a professional tennis player but I also want to share some of my own experience as a player and my experience as a coach. I believe that anybody can achieve anything with hard work and dedication.

Professional tennis is one of the most competitive sports and in most cases it is also expensive to learn and to train for it. If you want to take tennis serious you have to have everything of high quality from the instruction to the equipment. Tennis is very unjust sport. Only players within first 100 ATP/WTA can make living playing tennis. The story of John Isner is interesting. He didn't even take tennis seriously until he was in high school and decided to forego going for basketball (he's 6' 9") and by his senior year he was the top player but needed to go to college as he was a late bloomer.

Also, I don't buy the 10,000 hours entirely (many say it takes 10,000 hours of practice to see if the player has potential to turn pro) theory because there are numerous exceptions though it tends to be a rule. If you have the correct technique, motivation, and master coaching, you can cut that in half, I believe...Martina Hingis wanted to be a pro golfer and took up tennis late and within five years was 5 in the world. Todd Martin only played tennis five hours a week with one private lesson from Rick Furman in East Lansing Michigan, not exactly a tennis hot bed.

He went to college, turned pro with little success but then got Jose Higuera to teach him to hit up and across the ball and he went to #4 in the world. He didn't go to a fancy academy and credits his limited play time with keeping him hungry and taking his practices seriously.

The Talent Code by Daniel Coyle has a lot of great information for tennis parents. Any book that compares John Wooden to the greatest bank robber in history and argues why a run down tennis academy in Moscow with one indoor court produces more top players than the entire USA the last seven years in history is bound to be interesting. Essentially, you need **1. Ignition:** (something or anything that ignites in a child a desire to be the best they can be... often produced by factor #3, or watching a 17 year old American beat three top world ranked players with no real weapons other than her desire...can you say Melanie?)

2. Deep practice: not only being in the zone with focus, but being allowed to experiment, to create, to take responsibility for your mistakes, to correct them on your own without necessarily being told what to do

3. Master Coaching: Technique and repetition is everything. The Russian women dominate not because they are genetic freaks or having nothing better to do, they don't even play tennis full time and are limited to 3 to 5 hours a week until age 9. Even then, they practice on average no more than 15 hours a week, something very different from the USA. But they learn the correct technique from Day 1. Coaches who respect their individuality, who allow their players to creates, yet how know the proper biomechanical techniques that will allow that student to reach their level of mastery. I still believe the earlier a child starts the better. Cross training has to be priority with very young kids.