



Hans Kopp.
Owner/Founder

"We are dedicated in assisting junior and adult tennis players as well as beginners to develop their tennis game to the next level. Every player at any skill level can take advantage of our professional teaching methodology and can be sure of seeing results"

Overview

Our tennis programs are designed to ensure that every student receives the technical, tactical, physical and mental training within an optimum learning environment.

Our lessons and programs are a fun and great learning experience, geared towards all levels of play. Each lesson is spent going through a series of innovative drills, exercises and match play situations designed to enhance stroke production, mechanics and improve singles and doubles play.

Turn your holidays into a tennis vacation. Reserve your lesson or clinic today. Kopp Int. Tennis Mgmt. offers full service coaching options year around:

- Private and Group Lessons
- Lesson Packages
- Summer Camps
- Traveling Coaches are available
- Corporate VIP tennis programs and outings
- Tournament Preparation
- Round Robin Mixers

Kopp International Tennis Management, LLC

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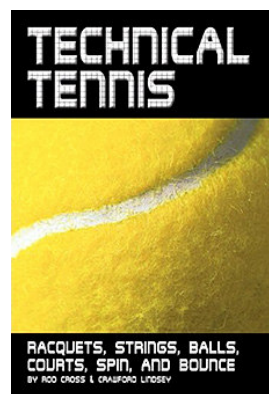


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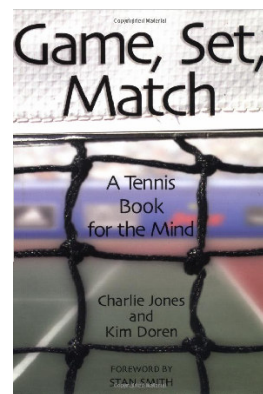
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Tennis tactic books:



Technical Tennis by Rod Cross & Crawford Lindsay



Game, Set, Match A Tennis Book For The Mind by Charlie Jones and Kim Doren

I thanks for reading, Hans

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SERVE Time



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Kopp International Tennis Management, LLC is Florida's premier tennis venue. With multiple locations and highly skilled and experienced international coaching staff we are committed in providing service excellence.

We are a one stop tennis facility and ready to serve every tennis need. At Kopp International Tennis Management, LLC we are able to teach and guide the beginner as well as enhancing technical, tactical, mental and physical performance for the experienced tournament player.



This Issue

- Consistency wins matches
- Defensive tennis

Play defensive tennis when you have to

There are a couple of rules that apply when you are forced to play defensive tennis. The most important one is you have to be consistent. Besides playing consistent here are a couple of very important rules that you can use when you defending your side of the court:

Avoid hitting down the line. In baseline rallies, hitting down the line puts you farthest from where you need to be next: at the center of the angles your opponent can hit. Your opponent can only make you run wider than your own sideline by hitting crosscourt, so if he is going to have a chance to hit crosscourt, you want that crosscourt shot going toward the side you're already on. You accomplish that by hitting your own shot somewhat crosscourt.

Leave plenty of margin over the net. Most players hit their average shot too low. Hitting through a very narrow window over the net is a chosen risk when you decide to hit hard and flat, but if you're going to try such risky shots, save them for offensive situations where you have time to set up properly. If your opponent attacks at the net, your defense will sometimes employ offense: you'll "thread the needle" with a brilliant passing shot now and then. These days, though, most players prefer to attack from the baseline, and in baseline rallies, it makes sense to send defensive shots at least four feet above the net. Making sure you get the ball back is #1 in defense, and the net is your first obstacle.

#2 is to keep your shots deep, and the higher you hit, the deeper your shots will typically land.

Hit deep and moderately crosscourt. Unless your opponent is at the net, hitting deep and moderately crosscourt minimizes the risk in your shot and also limits his offensive potential on his next shot. If you hit crosscourt, but within the middle 2/3 of the court, you're unlikely to miss wide, and your opponent is less likely to hit a sharply angled reply, but you still benefit from hitting over the lower part of the net and having a longer (diagonal) court to hit into. Generally, the more depth on your defensive shot, the better, but if you're an average player, you'll find that aiming 3-4 feet inside your opponent's baseline will be pretty safe from missing long while still deep enough to give you reasonable time to react to your opponent's shot and to limit his ability to hit a sharp angle or a winning drop shot.

Mix your spins. Defensive shots typically don't have much pace, and it's foolish to try to place them too close to any lines, so two of the major ways you can make your defensive shot harder for your opponent to hit are not available. We've already discussed hitting deep; now we'll add some unpredictable spins.

Run everything down. Do a split-step each time your opponent starts to swing. Time your split-step so that you'll be on your way down just as you see the ball leaving your opponent's racquet. In mid-air, you'll start to lean in the correct direction, and when you land, you'll be on your way. When you get a ball that's way off court, hit a high lob to buy time to recover your position for the next ball.